

Coromandel Community Centre

Connect Contribute Celebrate



Improve strength and flexibility with this total body conditioning program. All levels welcome.

Classes led by qualified and experienced instructor.

When: Term 4 2022
17 October - 12 December

Time: Monday 6 to 7pm

Cost: \$108 for 9 weeks

Bookings Essential
Pre-payment required
Contact the Centre on 8370 6880
or visit www.coroalive.org.au



Pilates 1